

🚧 Trauma Blocks Learning. But It Doesn't Have To.

I've seen it. I've lived it.

And now, I help youth, educators, and families overcome it.

With a deep understanding of how the mind works, I help people move beyond fear, self-doubt, and the limiting beliefs that trauma leaves behind. Because trauma doesn't just affect how we *feel*.

It changes how we *learn*, how we *teach*, and how we *see ourselves*.

"Traumatized individuals are often stuck—not because they're broken, but because fear is in the driver's seat."

I Understand Fear—And How to Free People From It.

I've studied it. I've coached others through it. But more importantly, I've *overcome* it myself.

⊖ Here's What You Won't See on a Resume:

- At age 5, I was abducted.
- At 6 and again at 11, I saw my mother attempt suicide.
- I She later died due to hospital negligence.
- I became a ward of the court, bouncing between foster homes.
- Quality At 18, I had my first panic attack—with no language for it and no one to help.

And yet... I graduated from a top university with honors.

"Not because it was easy. But because I refused to let trauma be my permanent identity."



Why I Started The Achievement Group

I founded TAG to make sure no one has to face life's hardest challenges alone or unprepared.

We create tools for transformation—workshops, books, courses, and community experiences that help people master their emotions, unlock learning, and live fully.

"Every resource we offer is designed to empower—not just academically, but for life."



🛱 Why Your Donation Matters

When you support The Achievement Group, you're helping:

- A child heal and thrive in school
- A teacher **connect** instead of punish
- A parent **respond** instead of react
- A whole community become emotionally resilient

You're not just funding a program—you're helping rewrite someone's story.



Join the Movement

Donate today and help us give more people the emotional strength and self-mastery to succeed—no matter what they've been through.